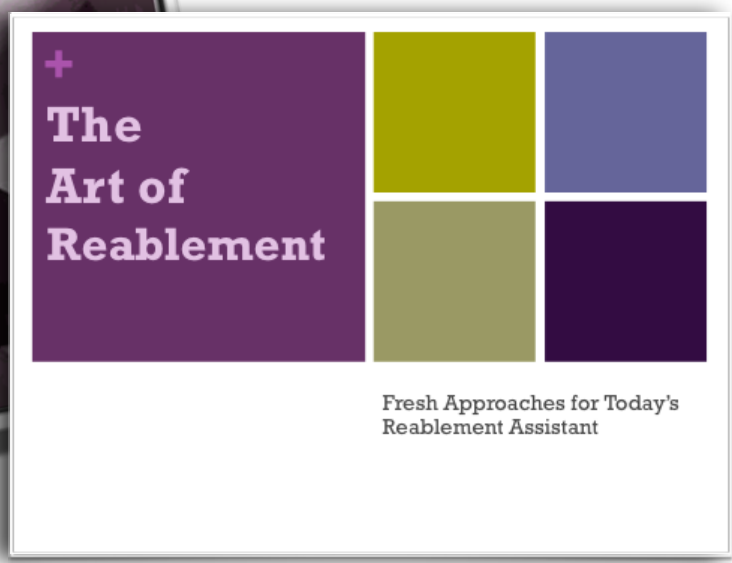


New for  
**2011**



# Re-ablement training just got easier. . . . .

*The Art of Reablement* is designed to equip today's Re-ablement Assistant with approaches and strategies for their day to day role.

With demand for health and social care services increasing significantly over the coming decades, PCT's and local authorities in line with the cross Government Putting People First Concordat (2007) are investing in prevention, early intervention, Reablement and personalised services to reduce pressure on long term services.

Reablement is key to reducing dependency and inefficiency within health services, whilst maximising independence and longer term benefits for people to self caring or with appropriate services in their own homes (Newbrunner et al 2007)

The challenge for most is to change a paternalistic culture and support staff to acquire the knowledge, skills and abilities to reable individuals in a way that is personal and meets their longer term physical, psychological and social outcomes.

*The Art of Reablement* is delivered directly to delegates within homecare, nursing, residential, intermediate care, day centres, extra care schemes and PCT's and local authority staff.

For more details of this innovative training please contact

Shaun Douglas-Galley or Sarah Johnson  
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[Sarahj@reablementuk.com](mailto:Sarahj@reablementuk.com)

Collaboratively produced by Reablement UK and Allied health professionals, *The Art of Reablement* is a programme that meets this challenge!

Ideally delivered over 2 day sessions, including 10 core units-

- Why Reable?
- The Multidisciplinary Team
- Effective Communication & Embracing Reablement Documentation
- The Person and their Environment
- The Person and Long Term Conditions
- Therapeutic Relationships
- Therapeutic skills for Reablement
- Assistive technology and Reablement
- Positive Risk Taking and Risk Factors
- Safeguarding within Reablement

Through a varied programme of learning methods - group exercises, presentations, case studies and discussion *The Art of Reablement* provides a solid learning programme for today's Reablement Assistant.

*"Building Self Care Skills - together"*

*The Art of Reablement* will aim to ensure that Participants will learn to:

- Define reablement.
- Understand their developing role within the government framework.
- Be familiar with reablement for different people, conditions and environments - taking into account client choices, cultures and safeguarding.
- Understand the factors that affect the reablement assessment and process.
- Gain skills to break down activities, into both short and long term goals.
- Be confident in following care plans, meeting objectives and outcomes.
- Improve communication methods.
- Have knowledge of the available assistive technologies and how they can be used to promote reablement.
- Value the importance of recording and reporting and the accuracy and detail that is required.
- Maximise each individuals independence and self care.

Ensuring that individuals can remain as independent as possible in their own environments, for as long as possible.

*An on-going Reablement Learners Workbook linked to the QCF is available as an addition.*

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